**«Утверждаю»**

 **Директор МКОУ**

 **«Аверьяновская СОШ»**

 **\_\_\_\_\_\_\_ Махтаева З.О**

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| Учебный материал Номера уроков |  **1** | **2** |  **3** | **4** |  **5** | **6** |  **7** | **8** |  **9** | **10** |  **11** | **12** |  **13** | **14** |  **15** | **16** |  **17** | **18** |  **19** | **20** |  **21** | **22** | **23** | **24** |  **25** | **26** | **27** |
| **Теоретические сведения** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Легкая атлетика** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Кроссовая подготовка** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  **Баскетбол**  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Волейбол**  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  **Гимнастика** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

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| **28** | **29** | **30** | **31** | **32** | **33** | **34** | **35** | **36**  | **37**  | **38** | **39** | **40** | **41** | **42** | **43** | **44** | **45** | **46** | **47** | **48** | **49** | **50** | **51** | **52** | **53** | **54** | **55** | **56** |
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| **57** | **58** | **59** | **60** | **61** | **62** | **63** | **64** | **65** | **66** | **67** | **68** | **69** | **70** | **71** | **72** | **73** | **74** | **75** | **76** | **77** | **78** | **79** | **80** | **81** | **82** | **83** | **84** | **85** |
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| **86** | **87** | **88** | **89** | **90** | **91** | **92** | **93** | **94** | **95** | **96** | **97** | **98** | **99** | **100** | **101** | **102** |
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| **№ уроков** | **Разделы** | **Количество****часов** |
| 1-15 | Легкая атлетика | 15 |
| 16-27 | Кроссовая подготовка | 12 |
| 28-45 |  Спортивные игры (баскетбол) | 18 |
| 46-57 | Спортивные игры (волейбол) | 12 |
| 58-78 |  Гимнастика с элемент акробатики | 21 |
| 79-87 | Кроссовая подготовка | 9 |
| 88-102 | Легкая атлетика | 15 |

**9-11х классов на**

**Годовой план-график**

**МКОУ «Аверьяновская СОШ»**

**2023-2024 учебный год**